

PREPARING THE STRESSX™ PRO BELT & THE STRESSVEST® TRANSMITTER

Each StressVest® comes with a Vest Receiver (front & back), Transmitter, and StressX™ PRO Belt. In order for the StressVest® to function, the Transmitter (on back of StressVest®) needs to be synced (connected) with the StressX™ PRO. Once synced, when the Vest Receiver is hit with the laser pulse the Transmitter will send a wireless signal to the StressX™ Belt which will deliver the pain penalty or vibration.



StressX™ PRO Belt



StressVest® Transmitter

1. Turn ON the StressX™ PRO. Press the Sync Button once on the StressX™ PRO. It should be flashing red indicating that the StressX™ is in sync mode. The LED Display should be blank. If it is, then the StressX™ is ready for Syncing.

Unsyncing the StressX™ Belt - If the StressX™ PRO LED Display is showing an "A", that means the StressX™ PRO is currently synced to a StressVest® Transmitter and it must be Unsynced prior to syncing to a new StressVest® Transmitter. To Unsync, press and hold the Sync Button down for seven seconds until the LED Display goes blank. The StressX™ PRO belt is now ready for syncing to a new StressVest® Transmitter.

2. Turn ON the StressVest® Transmitter and press the Sync Button once. The Sync Status Light Indicator should be flashing indicating that it is not currently synced to a StressX™ PRO. If it is, the StressVest® Transmitter is ready for Syncing.

Unsyncing the StressVest® Transmitter - If the Sync Status Light Indicator is solid red, then the StressVest® Transmitter is currently synced and it must be Unsynced prior to syncing to a new StressX™ PRO. To Unsync, press and hold the Sync Button down for seven seconds until the Sync Status Indicator Light begins to flash red. The StressVest® Transmitter is now ready for Syncing to a new StressX™ PRO Belt.

SYNCING THE STRESSX™ PRO BELT & THE STRESSVEST® TRANSMITTER

1. Press the Sync Button once on the StressX™. It should be flashing red indicating that the StressX™ is in sync mode and ready to sync. The LED Display should be blank.
2. Press the Sync Button once on the StressVest® Transmitter. The Sync Status Light Indicator should be flashing red indicating that the StressVest® Transmitter is in sync mode and ready to sync.
3. Hold the StressVest® Transmitter with Sync Window towards the Sync Window of the StressX™. Once synced the StressX™ Sync Button will stop flashing and turn solid red and the StressVest® Transmitter Sync Status Light Indicator will also turn solid red. To verify that they are now both synced, press the Sync Button on the StressX™ you should now see an "A" in the LED Display.



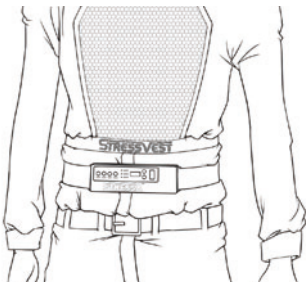
Note: StressX™ and StressVest® Transmitter will remain synced even when you turn them off. However, once powered up again it is recommended that you Unsync and Re-Sync them to ensure you have the correct pairing of units.

CONNECTING THE STRESSVEST® TRANSMITTER TO THE PANEL VEST

1. Open up the StressVest® Transmitter storage flaps located at the bottom rear of Panel Vest. Slide the StressVest® Transmitter under the elastic holding straps and secure with the horizontal bungee cord.
2. Carefully attach the Panel Vest connector to the vest connection input located on the top, left hand side of the Transmitter.
3. Push down until the connection locks into position. Be sure the pins are properly lined up prior to pressing it down onto the Transmitter.



SHOCK/VIBRATOR PLACEMENT



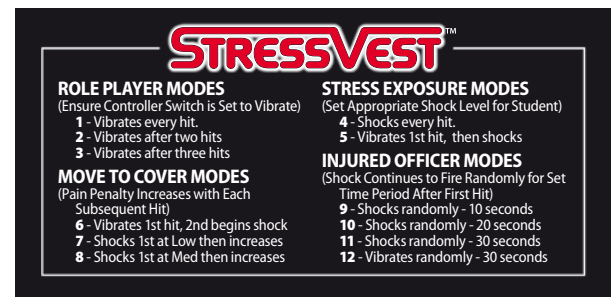
IMPORTANT!

- The StressX™ PRO Belt should be placed directly on the abdomen above the belt.
- The belt **MUST** be tightened securely to ensure proper contact with the electrodes.
- It is designed to go through one layer of clothing.
- Wearing an under armour type shirt will dramatically reduce the energy delivered by the StressX™ PRO Belt.

SETTING TRAINING MODES & SHOCK LEVEL

There are 12 Advanced Training Modes and 5 Shock Levels (1-Low to 5-High) that the StressX™ PRO can be set to. They are shown on a card inside the flap that covers the Transmitter on the back of the StressVest® (shown on right).

1. Press the Select Button on the StressX™ PRO until the Mode LED Indicator is illuminated. Press the Up & Down Arrows to move to the desired Mode. The mode number is displayed in the LED Display.
2. Press the Select Button on the StressX™ PRO until the Level LED Indicator is illuminated. Press the Up & Down Arrows to move to the desired Shock Level. The Shock Level is displayed in the LED Display.



StressX™ PRO - Advanced Training Modes

IMPORTANT! Please read Section 1.0 Warnings, Cautions and Risks of Manual before using the StressVest®.

