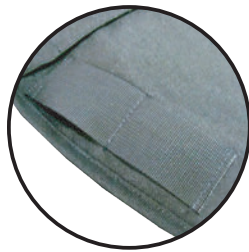


# STRESSVEST® *Side Panels: Quick Setup Guide*

## 1.1 Assembling Side Panels

Side Panels are connected to the StressVest® Panel Vest via a cable and connector that attaches to the Cable Harness Hub found in the rear panel of the StressVest®.

1. Attach the Side Panels to the back of the Panel Vest by sliding the Side Panel straps through the Side Panel Attachment Loops.

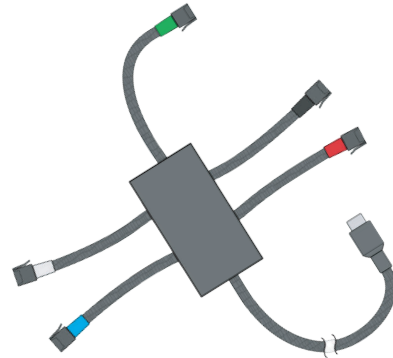


Side Panel Attachment Loops

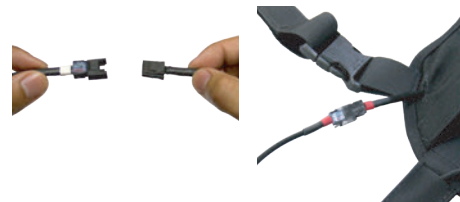


**Note:** The Front and Rear Panel Vest each have two Side Panel Attachment Loops. Most Individuals will use the two upper loops.

2. Open the back of the StressVest® rear panel by the Velcro flap. Reach in and pull out the Cable Harness Hub. The Cable Harness Hub has a total of five leads with connectors that are color coded. It will have two connections that are plugged in, which are for the front and rear panels. You can connect the side panel connectors by matching up the appropriate colors (Green = Head, Black = Back, White = Front, Blue = Left, Red = Right).



3. Slide the Side Panel Cable and connectors through the button hole opening on the upper corners on the back of Panel Vest.
4. Holding the cable and connector from the side panels, line up the pins with the Cable Harness Hub and push down until the connector locks into place.



**Note:** Do NOT try to force the connectors into each other. If they are not lined up correctly you could damage the connectors.

5. Return the Cable Harness Hub into the pouch on the back of the Panel Vest and reseal the velcro opening. It should look like the picture on the right.



## 1.2 Putting On StressVest® with Side Panels

1. Place the Panel Vest over head.



2. Reach back and grab the Side Panel strap buckles.



3. Insert the male Side Panel buckle to the female Side Panel buckle attached on the front panel.

**Note:** The Front and Rear Panel Vest each have two Side Panel Attachment Loops. Most Individuals will use the two upper loops.



4. Attach the two waist buckles of the StressVest®.



5. Adjust and secure each Individual Side Panel to the waist strap of the StressVest® by wrapping the bottom flap of each Side Panels around the waist strap.

**Note:** To adjust the Side Panels, reach the rear Side Panel straps that was connected to the Back Panel and adjust the velcro.

